

At One Connectivity we're in the business of getting people talking. We think it's so important that we all stay connected, in and out of the office.

So, we're putting our money where our mouth is. We're launching our Get Talking initiative. We're asking business leaders to offer their advice to other business owners, especially new start ups on how to keep calm and maintain a healthy work life balance.

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### Share your advice and we'll donate

Step 1: Complete the reverse of this placard with your details and your valuable piece of advice.

Step 2: Take a photo of yourself with the placard showing your advice.

Step 3: Share on social media and tag us in.

Step 4: We'll donate £2.50 in your name to CALM via our Just Giving page **https://www.justgiving.com/** campaign/oneconnectivityxcalm

## #GetTalking!



www.oneconnectivity.co.uk

# Name:

# **Business Name:**









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**in** one-connectivity-limited

Advice: